

**AGEING WELL AND SPIRITUALITY
ANNUAL SCIENTIFIC CONFERENCE ON AGEING 2024
ORGANIZED BY GERONTOLOGICAL SOCIETY**

**Venue: Lifelong Learning Institute, Event Hall 1-2
14 September 2024, 10am - 4pm**

PROGRAMME

Time	Topic
9.15am	Breakfast & Registration
10.00am	Welcome Address Assoc. Prof Thang Leng Leng, President, Gerontological Society
10.05am	Chairperson - Emeritus Prof Kua Ee Heok Fireside chat with the Guest of Honour Emeritus Prof S Vasoo, Dept of Social Work, National University of Singapore
10.25am	Chairperson - A/P Thang Leng Leng Symposium 1: Dimensions of Spirituality <ol style="list-style-type: none"> 1) Religion and health in older age A/P Feng Qiu Shi, Dept of Sociology & Anthropology, National University of Singapore 2) Not Unforgotten – can a musical improve attitudes to ageing? Dr Lynette Tan Yuen Ling, Director of studies, National University of Singapore 3) Gerotranscendence: Demystifying the Spiritual Dimensions of Ageing Well Dr Arthur Chia, Senior research fellow, CARE, Duke-NUS
11.25am	Chairperson - A/P Corinne Ghoh Symposium 2: Ageing Well Meaningfully <ol style="list-style-type: none"> 1) “Is there light in the tunnel?”. Seeking the meaning and purpose of living, dying and death. Ms Tan Ching Yee, HCA Hospice 2) What does joy in living means to nursing home residents Dr Swapna Dayanandan, CEO and Founder, Joy in living aged care services Pte Ltd 3) “iDream: Investing in the development of 3R experiences and assimilating meaning making. The Ren Ci Experience.” Ms Bridget Monica Das & Nadirah Chee, Renci Hospital
12.25pm	Lunch Break
1.05pm	Chairperson - Mr Tristan Gwee Symposium 3: Spirituality and Mindful Ageing <ol style="list-style-type: none"> 1) A mindful and spiritual walk in the park A/P Goh Lee Gan, Senior consultant, National University Health System 2) Mindfulness and ageing research Emeritus Prof Kua Ee Heok, National University Hospital 3) Ageing in Kazakhstan Prof Phua Khai Hong, Adj snr research fellow, IPS, Lee Kuan Yew School of Public Policy
1.50pm	Chairperson - Emeritus Prof Kua Ee Heok 14th Henry Lim Lecture “The Meaning of Spirituality in my life” Dr Anne Merriman, Founder, Hospice Africa
2.20pm	Tea Break
3.00pm	38th Annual General Meeting (GS Council and members only)
End	